



Take the first step.
Take the test.

HIV. It's Better To Know!

FREE HIV Testing and Treatment
1-800-367-2437

County of Los Angeles • Department of Health Services • Office of AIDS Programs and Policy

Why is it better to know?

If you are HIV-negative, you can learn how to protect yourself from becoming infected. If you are HIV-positive you can take steps to keep yourself healthy by getting early HIV treatment.

You can also learn how to talk with your friends, family, sex or drug-sharing partners about how to lower the risk for HIV infection.

Advances in medical treatment have slowed the progression of HIV-but there is still no cure. It is important that you know how to protect yourself from the HIV virus and other illnesses.

What is HIV?

HIV (Human Immunodeficiency Virus) is the virus that causes AIDS (Acquired Immune Deficiency Syndrome). HIV attacks and destroys a person's immune system until it is not able to fight off infections. HIV is spread from person to person through the exchange of body fluids: blood, semen, pre-cum, vaginal fluids and breast milk. Sharing needles for drugs, vitamins, hormones, steroids or even tattoos can also spread it. Most people get HIV by having unprotected sex (sex without using a latex condom) or sharing needles to inject drugs.

Can HIV happen to me?

Yes. HIV can happen to anyone whose behavior exposes them to HIV infection. Remember: it is not WHO you are that puts you at risk, it's WHAT you do.

How do I know if I am infected with HIV?

You can not tell about HIV infection by looking at yourself or someone else. Anyone can be infected with HIV and not know it. Do you know your (current or past) partner's HIV status or drug use history? Think about how alcohol, drugs, emotions or peer pressure can affect your decisions about practicing safer sex and/or sharing needles.

If you think you might be infected with HIV, you should consider an HIV test. If you are not sure, you should speak with an HIV counselor.

What is an HIV Test?

An HIV test is a simple blood or oral test. The blood test is done by taking a small sample of blood. The oral test is done by collecting cells found in your cheeks and gums. Both tests detect HIV antibodies that your body produces if you are infected.

After you take the test be sure to return for the results. Remember that it's better to know!

FREE HIV COUNSELING AND TESTING CLINICS IN LOS ANGELES COUNTY (CALL FOR HOURS AND APPOINTMENT)

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| <p>Arleta El Proyecto Del Barrio 8902 Woodman Avenue 818/830-7033</p> <p>Canoga Park Northeast Valley Health Corp. 7101 Remmet Avenue 818/988-6335</p> <p>East Los Angeles AIDS Healthcare Fdn. 5136 E. Whittier Blvd. 310/360-0430</p> <p>AltaMed Health Service 5427 E. Whittier Blvd. 323/869-5448 – (MTU)</p> <p>AltaMed Health Service 5255 E. Pomona Bl. #9 323/890-8767 – (MTU)</p> <p>BHS Boyle Heights 3421 E. Olympic Blvd. 323/262-1786</p> <p>Bienestar 5326 E. Beverly Blvd. 323/727-7896</p> <p>Gardena Omni Care 15519 Crenshaw Blvd. 310/676-9688</p> <p>South Bay Family Healthcare Ctr. 742 W. Gardena Blvd. 310/327-5386</p> <p>Glendale Glendale Health Center 501 N. Glendale Ave. 818/500-5762</p> <p>Western Pacific 4628 San Fernando Rd. 818/240-8843</p> <p>Hawthorne BHS-Pacifica House 2501 W. El Segundo Blvd. 323/754-2816</p> <p>Hollywood Covenant House 1325 N. Western Ave. 323/461-3131</p> <p>Hollywood Sunset Free Clinic 3324 Sunset Blvd. 323/660-5715</p> <p>Hollywood/Wilshire Health Center 5205 Melrose Avenue 323/769-7932</p> <p>Lambda Medical Grp. 1625 N. Schrader Blvd. 323/993-7932</p> <p>Los Angeles Free Clinic 6043 Hollywood Blvd. 323/462-4158</p> <p>Van Ness Rec. Home 1919 Beachwood Dr. 323/463-4266</p> <p>Inglewood Curtis Tucker Health Ctr. 123 Manchester Ave. 310/419-5325</p> <p>La Puente BAART La Puente 15229 E. Amar Rd. 626/855-5090</p> <p>Lancaster Antelope Valley Health 335-B. E. Ave., K-6 661/723-4511</p> <p>Catalyst Foundation 44758 Elm Avenue 661/948-8559</p> <p>LAC High Desert 44900 N. 60th St. West 661/945-8511</p> <p>Tarzana Treatment Ctr. 44447 N. 10th St. West 661/726-2630</p> <p>Western Pacific 45335 N. Sierra Hwy. 661/949-8599</p> <p>Long Beach Long Beach Comp. Ctr. 1333 Chestnut Avenue 562/599-8787</p> <p>L.B. Health Dept. 2525 Grand Avenue 562/570-4315</p> <p>Long Beach Memorial 2801 Atlantic Blvd. 562/595-8010</p> <p>Cal/State Long Beach 1090 Atlantic Avenue 562/985-4669 – (MTU)</p> <p>St. Mary's Medical Ctr. 411 E. 10th Street #107 562/624-4900</p> <p>Long Beach Tarzana Treatment Ctr. 2101 Magnolia Avenue 562/218-1868</p> <p>West County Med. Ctr. 100 E. Market Street 562/428-4222</p> | <p>Los Angeles AIDS Healthcare Fdn. 6255 W. Sunset Blvd. 21st Floor. 323/860-5200</p> <p>Asian Pacific HealthCare Venture 1530 Hillhurst #200 323/644-3880</p> <p>Bienestar 4955 Sunset Blvd. 323/660-9680</p> <p>Central Health Center 241 N. Figueroa Street 213/240-8203</p> <p>Children's Hospital 5000 Sunset Blvd. 4th Flr 323/669-2390 1800 25-YOUTH</p> <p>Chinatown Service Ctr. 767 N. Hill St., #400 213/253-0870</p> <p>Clinica Para Las Americas 318 S. Alvarado Street 213/484-8434 213/273-8700/Hotline</p> <p>Msr. O.A. Romero Clinic 123 S. Alvarado Street 213/989-7700</p> <p>JWCH Institute 515 E. 6th Street 323/744-5293</p> <p>LA Mission Community Clinic 311 E. Winston Street 213/893-1960</p> <p>LAC-H. Claude Hudson Comp. Ctr. 2829 S. Grand Avenue 213/744-3677</p> <p>LAC+USC Med. Center 1300 N. Mission 323/343-8298</p> <p>LAC-MLK/Drew Med. Ctr. 12021 Wilmington Ave. 310/668-4669</p> <p>Los Angeles Free Clinic 8405 Beverly Blvd. 323/653-1990</p> <p>MATRIX Institute 5220 W. Washington #101 323/933-9186</p> <p>Minority AIDS Project 5149 W. Jefferson 323/936-4949</p> <p>Pizarro Treatment Ctr. 1525 Pizarro Street 213/484-9919</p> <p>Prototypes Center East 521 E. 41st Street 213/627-3505</p> <p>Ruth Temple Health Ctr. 3834 S. Western Ave. 323/730-3507</p> <p>South Health Center 1522 E. 102nd Street 323/563-4053</p> <p>T.H.E. Clinic 3860 W. MLK Blvd. 323/295-6571</p> <p>Watts Health Foundation 10300 S. Compton Ave. 213/568-3015</p> <p>West LA Treatment 2321 Pontius Ave. 310/477-2951</p> <p>Lynwood Charles R. Drew Univ. 2610 Industry Way 310/763-9746</p> <p>Monrovia Monrovia Health Center 330 W. Maple Avenue 626/256-1600</p> <p>North Hollywood AIDS HealthCare Fdn. 6241 Laurel Canyon Blvd. 310/360-0430</p> <p>Valley Community Clinic 5648 Vineland Avenue 818/763-8836</p> <p>Western Pacific Clinic 11321 Camarillo Street 818/506-4455</p> <p>Norwalk Western Pacific Clinic 11902 Rosecrans Blvd. 562/929-7188</p> <p>Pacoima Northeast Valley Health Corp. 12756 Van Nuys Blvd. 818/988-6335</p> <p>Pacoima Health Center 13300 Van Nuys Blvd. 818/896-1903</p> <p>Palmdale Palmdale Med/Mental 2720 E. Palmdale #129 661/947-3333</p> | <p>Panorama City Western Pacific 9462 Van Nuys Blvd. 818/891-8555</p> <p>Northeast Valley Health 8215 Van Nuys Blvd. #306 818/988-6335</p> <p>Pasadena AIDS Service Ctr. 1030 S. Arroyo Pkwy 626/441-8495</p> <p>Community Health Ctr. 1845 N. Fair Oaks Ave. 626/744-6005</p> <p>Pico Rivera AltaMed Health Service 9436 E. Slauson Ave. 562/949-6069</p> <p>Pomona BHS-America Rec. Ctr. 2180 W. Valley Blvd. 909/865-2336</p> <p>East Valley Comm Health 680 Fairplex Drive 909/623-4598</p> <p>Pomona Health Center 750 S. Park Ave. 909/868-0235</p> <p>Prototypes Women's Ctr. 845 E. Arrow Hwy. 909/624-1233</p> <p>Redondo Beach So. Bay Free Clinic 2114 Artesia Blvd. 310/376-0791</p> <p>Reseda Western Pacific 18437 Satcoy Blvd. 818/705-5561</p> <p>San Fernando Northeast Valley Health Corp. 1600 San Fernando Rd. 818/988-6335</p> <p>San Pedro Joint Efforts 505 S. Pacific Ave. 310/831-2358</p> <p>Santa Monica AIDS Healthcare Fdn. 214 Lincoln Blvd. 310/360-0430</p> <p>Yvonne Burke Comp. Health Ctr. 2509 Pico Blvd. 2nd Flr 310/998-3203</p> <p>Silver Lake AIDS Healthcare Fdn. 4398 Sunset Blvd. (Next to Circuit City) 310/360-0430</p> <p>Sylmar LAC-Olive View Medical Center 14445 Olive View Dr. 818/364-3184</p> <p>Tarzana Tarzana Treatment Ctr. 18646 Oxnard Street 818/996-1051</p> <p>Torrance HARBOR/UCLA 1000 W. Carson St. 310/222-2106</p> <p>Torrance Health Center 2300 W. Carson Street 310/222-6571</p> <p>Valencia Northeast Valley Health Corp. 25763 Valencia Blvd. 818/988-6335</p> <p>Van Nuys Western Pacific 14332 Victory Blvd. 818/989-1996</p> <p>Venice AIDS Healthcare Fdn. 214 Lincoln Blvd. (at Rose Avenue) 310/360-0430</p> <p>West Covina East Valley Comm. Health Center 420 S. Glendora Ave. 626/919-5724</p> <p>West Hollywood AIDS Healthcare Fdn. 8861 Santa Monica Blvd. 310/360-0430</p> <p>The S.T.O.R.E. 745 N. San Vicente Blvd. 310/854-1310</p> <p>Whittier Whittier Health Center 7643 S. Painter Ave. 562/464-5350</p> <p>Wilmington Transcultural Health 117 Harry Bridges Blvd. 310/549-8383</p> |
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**HIV Tests are Free
& Confidential.**